

As you know, periods of market turbulence can make your clients feel anxious. Even with your regular updates and guidance they can still feel unsettled, potentially leading them to make poor decisions about their investments.

There have been multiple studies of investor behaviour that have shown how the emotions around financial losses are often far more severe than the positivity felt about gains. To delve deeper into this interesting topic, we sat down with Mark Pittaccio, a behavioural economist with more than 35 years of experience, to discuss the psychology behind it, and Andy Miller, Lead Investment Director at Quilter, to look at how the Cirilium Blend Portfolios are managed to help navigate these biases.

Mark, what drives the financial decisions that people make?

Mark: No one ever made a decision because of a number – they need a story. When it comes to their wealth, that story is the vision of what people hope the returns on their investments will give them. So, the risk of loss isn't a risk to a number, it is a risk to that vision, which can impact their decisions.

What does that mean for investors?

Mark: There is an assumption that investors act rationally. Often, this isn't true. About 35 years ago, a psychologist called Daniel Kahneman showed that emotionally, the negative impact from losses far outweighs the positive impact from gains.

Alongside this, individuals can anchor to a particular reference point, which is often the most recent value of their investment. Any loss relative to their reference point can be viewed very negatively, even if the overall investment journey has been positive.

What else can affect people's investment decisions?

Mark: The prevailing market environment can also affect people's risk appetite. When markets are rising and media reports are positive, people can become risk seekers. When markets fall and it seems that the world is 'going to hell in a handcart', people can become risk avoiders.

This can lead to what is referred to as herd behaviour where investors chase returns in a rising market and sell when values begin to fall sharply. Investors not employing a financial adviser find it hard to cut out the noise and sell as a result, crystalising losses which they tend to regret at a later point in time when values recover, and their investments fail to capture this increase in value.

Human mental biases such as loss aversion, anchoring, and herding may have helped with the evolution of our species but can be unhelpful in navigating uncertainty along a long-term investment journey.

Can investments be managed to take these biases into account?

Mark: I think the answer to this question is yes. Provided the portfolio managers follow an investment process that aims to protect values when markets or certain sectors are falling sharply in value. Often this can lead to a smoother investment journey.

There is an assumption that investors act rationally. Often, this isn't true... emotionally, the negative impact from losses far outweighs the positive impact from gains.



Andy, how have the Cirilium Blend portfolios been designed with this in mind?

Andy: When it comes to investing, the journey is often as important to as the outcome. As a result, the Cirilium Blend Portfolios are managed to help ease investors' anxiety and ensure they can have confidence in the investment solution their adviser has recommended.

How are they managed to achieve this?

Andy: The portfolios combine both active and passive funds across all asset classes to provide a diversified, risk-targeted investment solution to help your clients achieve their financial goals.

By investing in passive funds, as well as active ones, the portfolios can capture the returns passives provide when markets are buoyant, in a cost-effective way. The active funds then provide the added diversification that can allow for a wider range of return opportunities or help defend on the downside.



Andy Miller Lead Investment Director

What does this mean for investors?

Andy: Let's take an example £100,000 invested into the IA Mixed Investment 40-85% Shares sector at the start of the 21st century, acknowledging you can't invest in the sector average itself. That investment would now be worth just under £293,000 (as at end of August 2024). However, as the chart to the right shows, if your investment only returned 80% of that sector's losses in negative months, and 90% of the returns in positive ones, you would have more than £312,000. This would leave you over £19,000 better off, despite your investment lagging in the positive months.

£350,000 £300,000 £250,000 £150,000 £150,000 £100,000 £100,000

Defending on the downside

How is this reflected in the Cirilium Blend Portfolios?

Andy: Over the five years since the Cirilium Blend Portfolios were launched, investors have endured some significant events that have created enormous uncertainty. Arguably the most challenging was 2022, when rising interest rates and soaring inflation triggered the worst year for bond investments in history. During this time the portfolio managers made some important decisions to diversify the portfolios to navigate the risk of bond investments falling in value. By investing more of the portfolio allocation into index-linked bonds, commodities, and alternatives, the portfolios outperformed their respective comparators (as shown using the Cirilium Moderate Blend Portfolio as an example in the chart to the right).



Sources for charts: Quilter Investors/Morningstar, September 2024. The Cirilium Moderate Blend performance is total return, percentage growth, net of fees of the U1 (GBP) accumulation shares over period 31 December 2021 to 31 December 2022.

How else do the Cirilium Blend Portfolios defend on the downside?

Andy: A specific example would be the exposure of the portfolios to more defensive sectors such as healthcare. We are in an environment in which our populations are living longer with more health conditions. This leads to an increasing need to treat, diagnose, and cure those with illness. This means that healthcare companies often have more predictable earnings, adding a layer of defence to the portfolios.

The final part of the portfolio managers' downside defence strategy has been through the selection of different active fund managers. Given the blended nature of the portfolios, the team can pick certain active managers who can help tilt the portfolios to capture certain styles at different times, which has helped to defend on the downside in the last five years.

This wide investment toolkit is vital in delivering an investment solution that gives investors peace of mind. The results since launch reflect the value of having a portfolio that targets the appropriate level of investment risk, whilst having one eye on defending investment values, as much as trying to capture the upside. We believe this best-of-both-worlds approach is a compelling reason to invest in the Cirilium Blend Portfolios.

Performance summary: Cirilium Moderate Blend Portfolio

	Discrete annual performance to end of August				
	2023-2024	2022-2023	2021-2022	2020-2021	2019-2020
Cirilium Moderate Blend	10.6	3.0	-3.0	15.6	2.2
IA Mixed 40-85%	12.5	0.4	-6.6	17.9	1.3

Source: Quilter Investors as at 30 August 2024. Total return, percentage growth, net of fees, rounded to one decimal place of the U1 (GBP) accumulation shares. The Cirilium Blend Portfolios launched on 26 July 2019.

Important information

Past performance is not a guide to future performance and may not be repeated. Investment involves risk. The value of investments may go down as well as up and investors may not get back the amount originally invested.

There are also other risks shown below of which investors should be aware. For more information on these risks, investors should read the key investor information document(s) (KIID(s)).

The portfolios are denominated in one currency, but may hold assets denominated in other currencies, which means exchange rate changes may cause the value of investments to rise or fall. The portfolios may invest in a range of assets such as bonds, equities (company shares), and other investment funds. This means the portfolios will be subject to the collective risks of those investments and, in the case of other investment funds, the collective risks of those investment funds as well as their underlying investments. The portfolios deduct the charges from the capital of the portfolios, which means there is the potential for capital erosion if insufficient capital growth achieved to cover the charges. The portfolios may use derivatives, which means there may be a higher level of risk. The portfolios may invest more than 15% in cash, which could reduce returns in rising markets and reduce losses in falling markets. The portfolios may hold investments that may be more difficult to sell, which may affect the ability of investors to withdraw their money. The portfolios invest in emerging markets, which may be more volatile than investments in developed markets.

This communication is issued by Quilter Investors, a trading name of Quilter Investors Limited. Quilter Investors is registered in England and Wales under number 04227837 and is authorised and regulated by the Financial Conduct Authority (FCA) under number 208543. Registered office: Senator House, 85 Queen Victoria Street, London, United Kingdom, EC4V 4AB.

Quilter Investors Cirilium Conservative Blend Portfolio, Quilter Investors Cirilium Balanced Blend Portfolio, Quilter Investors Cirilium Moderate Blend Portfolio, Quilter Investors Cirilium Dynamic Blend Portfolio, and Quilter Investors Cirilium Adventurous Blend Portfolio are sub-funds of Quilter Investors Cirilium OEIC, an investment company with variable capital incorporated in England and Wales.

Quilter Investors Cirilium OEIC is authorised by the Financial Conduct Authority as a non-UCITS retail scheme and can be distributed to the public in the United Kingdom.

Quilter Investors uses all reasonable skill and care in compiling the information in this communication and in ensuring its accuracy, but no assurances or warranties are given. Investors should not rely on the information in this communication when making investment decisions. Nothing in this communication constitutes advice or a personal recommendation. This communication is for information purposes only and is not an offer or solicitation to buy or sell any Quilter Investors portfolio. Investors should read the KIID before investing in any sub-fund of Quilter Investors Cirilium OEIC. The KIIDs and the prospectus can be obtained from www.quilter.com in English.

Data from third parties is included in this communication and those third parties do not accept any liability for errors and omissions. Investors should read the important information provided by the third parties, which can be found at <code>www.quilter.com/third-party-data</code>. Where this communication contains data from third parties, Quilter Investors cannot guarantee the accuracy, reliability or completeness of the third-party data and accepts no responsibility or liability whatsoever in respect of such data.

Published: October 2024 OI 26771/28/8731